

MARCH 2020

SUN

MON

TUE

WED

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FRI

SAT

1

2

5:00-6:15 Level 1
5:30- 6:15 Explosion
6:15-7:30 Level 2-3
6:00-7:30 Blackout
7:30-8:45 Level 3-5
7:30-9:00 Ignite

3

6:00-7:00 Level 3-5
6:00-7:30- Flash
7:00-8:00 Level 2
7:00-7:30 Adv Stretch
7:30-8:00 Int Stretch
7:30-9:00 Fusion
8:00-9:00 Level 1

4

5:30-6:30 Level 1
5:30-6:15 Surge
6:00-7:30- Atomic
6:30-7:00 Int Stretch
7:00-7:30 Adv Stretch
7:30-8:30 Level 2-3
7:30-9:00 Voltage

5

5:00-6:15 Level 1
6:00-7:30 Sparks
6:15-7:30 Level 2-3
7:30-9:00 Impulse
7:30-8:45 Level 4-5

6

7

8

1:30-3:00 Blackout
3:00-4:30 Atomic
4:30-6:00 Impulse
6:00-7:30 Voltage
7:30-9:00 Ignite

9

5:00-6:15 Level 1
5:30- 6:15 Explosion
6:15-7:30 Level 2-3
6:00-7:30 Blackout
7:30-8:45 Level 3-5
7:30-9:00 Ignite

10

6:00-7:00 Level 3-5
6:00-7:30- Flash
7:00-8:00 Level 2
7:00-7:30 Adv Stretch
7:30-8:00 Int Stretch
7:30-9:00 Fusion
8:00-9:00 Level 1

11

5:30-6:30 Level 1
5:30-6:15 Surge
6:00-7:30- Atomic
6:30-7:00 Int Stretch
7:00-7:30 Adv Stretch
7:30-8:30 Level 2-3
7:30-9:00 Voltage

12

5:00-6:15 Level 1
6:00-7:30 Sparks
6:15-7:30 Level 2-3
7:00-8:15 Fusion
7:30-9:00 Impulse
7:30-8:45 Level 4-5

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DOUBLE DOWN
Sevierville, TN
Sparks, Atomic, Flash,
Fusion, Voltage, Ignite,
Impulse, Blackout

15

DOUBLE DOWN
Sevierville, TN
Sparks, Atomic, Flash,
Fusion, Voltage, Ignite,
Impulse, Blackout

16

5:00-6:15 Level 1
5:30- 6:15 Explosion
6:15-7:30 Level 2-3
6:00-7:30 Blackout
7:30-8:45 Level 3-5
7:30-9:00 Ignite

17

6:00-7:00 Level 3-5
6:00-7:30- Flash
7:00-8:00 Level 2
7:00-7:30 Adv Stretch
7:30-8:00 Int Stretch
7:30-9:00 Fusion
8:00-9:00 Level 1

18

5:30-6:30 Level 1
5:30-6:15 Surge
6:00-7:30- Atomic
6:30-7:00 Int Stretch
7:00-7:30 Adv Stretch
7:30-8:30 Level 2-3
7:30-9:00 Voltage

19

5:00-6:15 Level 1
6:00-7:30 Sparks
6:15-7:30 Level 2-3
7:30-9:00 Impulse
7:30-8:45 Level 4-5

20

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FEVER
Hickory, NC
Surge, Sparks, Atomic,
Flash, Fusion, Voltage,
Ignite, Impulse,
Blackout, Explosion,
Electric, Static

22

1:30-3:00 Blackout
3:00-4:30 Voltage
4:30-6:00 Impulse
6:00-7:30 Atomic

23

5:00-6:15 Level 1
5:30- 6:15 Explosion
6:15-7:30 Level 2-3
6:00-7:30 Blackout
7:30-8:45 Level 3-5
7:30-9:00 Ignite

24

6:00-7:00 Level 3-5
6:00-7:30- Flash
7:00-8:00 Level 2
7:00-7:30 Adv Stretch
7:30-8:00 Int Stretch
7:30-9:00 Fusion
8:00-9:00 Level 1

25

5:30-6:30 Level 1
5:30-6:15 Surge
6:00-7:30- Atomic
6:30-7:00 Int Stretch
7:00-7:30 Adv Stretch
7:30-8:30 Level 2-3
7:30-9:00 Voltage

26

5:00-6:15 Level 1
6:00-7:30 Sparks
6:15-7:30 Level 2-3
7:30-9:00 Impulse
7:30-8:45 Level 4-5

27

28

29

3:00-4:30 Fusion
4:30-6:00 Ignite
5:30-8:30 Voltage

30

5:00-6:15 Level 1
5:30- 6:15 Explosion
6:15-7:30 Level 2-3
6:00-7:30 Blackout
7:30-8:45 Level 3-5
7:30-9:00 Ignite

31

6:00-7:00 Level 3-5
6:00-7:30- Flash
7:00-8:00 Level 2
7:00-7:30 Adv Stretch
7:30-8:00 Int Stretch
7:30-9:00 Fusion
8:00-9:00 Level 1

THIS IS A **TENTATIVE PRACTICE SCHEDULE** AND IS
SUBJECT TO CHANGE AT COACHES DISCRETION.
CHANGES DUE TO INCLEMENT WEATHER WITH BE
POSTED IN GROUP CHATS OR SOCIAL MEDIA.

